Book Title: The Millionaire Fast

Sub-title: Uncovering The Wells

Author: Coral Aguilar

About this Book

The Millionaire Fast isn’t about amassing millions of dollars, it’s about discovering the riches that truly matter: faith, family, and purpose. This transformative book reveals that “fasting like a millionaire” is a mindset, one of discipline, focus, and refusal to settle for mediocrity. This is not a guide to earning a million dollars, but to becoming the best, most powerful version of yourself—spiritually, mentally, and physically.

About the Author

Coral Aguilar is a passionate author and speaker based in Brownsville, Texas. Drawing on her deep faith and commitment to personal growth, she empowers others to become the best version of themselves. A pastor, mother, and fitness enthusiast, Coral inspires others to strengthen their faith, family, and body through discipline and purpose. She is also the author of Self-Doubt Out: God’s Masterpiece, where she encourages readers to overcome insecurity and embrace their divine identity.

Acerca de este libro (Spanish translation)

El Ayuno Millonario no trata de acumular millones de dólares, sino de descubrir las verdaderas riquezas que importan: la fe, la familia y el propósito. Este libro transformador revela que “ayunar como un millonario” es una mentalidad: una de disciplina, enfoque y rechazo a la mediocridad. No es una guía para ganar un millón de dólares, sino para convertirte en la mejor y más poderosa versión de ti mismo, espiritual, mental y físicamente.

Acerca de la autora (Spanish translation)

Coral Aguilar es una apasionada autora y conferencista radicada en Brownsville, Texas. Basada en su profunda fe y compromiso con el crecimiento personal, inspira a otros a convertirse en la mejor versión de sí mismos. Pastora, madre y entusiasta del acondicionamiento físico, Coral motiva a las personas a fortalecer su fe, su familia y su cuerpo a través de la disciplina y el propósito. También es autora de Self-Doubt Out: La Obra Maestra de Dios, donde anima a los lectores a superar la inseguridad y abrazar su identidad divina.

**Book Cover Design Instructions**

Trim Size: 5.5” x 8.5”  
Spine Width: 0.30”  
Total Cover Size (with bleed): 11.55” x 8.75”

**Front Cover**

* Minimalistic design.
* Title in large gold letters, spanning most of the front cover.
* Author’s name smaller and placed near the bottom.

**Spine**

* Include: Book title, subtitle, and author’s name.
* Ensure text is centered and oriented for standard bookshelf display (read top to bottom).

**Back Cover**

* Use the photo of the woman sitting by the well as the background image.
* Include two text sections:
  1. About this Book – insert provided text.
  2. About the Author – insert provided text.
* Place author’s profile photo near the *About the Author* section.
* Position the UPC barcode (attached) at the bottom right, size 1.75” wide x 1.0” tall, with white background and 0.25” clear margin around it.

**Design Style**

* Clean, elegant, and minimalistic.
* Gold typography for title, soft complementary tones for other text.
* Maintain professional spacing and alignment for print readability.